

Paramedicine – Primary Care Paramedic (P-PCP) Program
Physical Fitness Declaration

Complete and submit this form by the due date listed in your offer letter.

First Name _____ Last Name _____

Student Number _____ P-PCP Location _____

The P-PCP program requires you to meet and maintain fitness standards for your safety and the safety of others. While a student in the PCP program, you will be required to participate in simulated patient care encounters. During these scenarios you may be required to perform heavy lifting of equipment or live patients.

Inability to perform to the physical standards of the profession may result in withdrawal from the program for safety reasons.

I, the above named applicant, declare that I previously successfully completed a physical fitness assessment and:

- I HAVE maintained my fitness level since I completed the physical fitness assessment.**
- However, I understand if while on program it is determined my fitness level has diminished, I may not be able to successfully complete the program.
 - If I am not able to successfully complete the program due to my fitness level, I will not be eligible for a refund outside of normal College refund policies.
- I HAVE NOT maintained my fitness level since I completed the physical fitness assessment.**
- My fitness level may have changed due to a health concern, pregnancy, broken limb/bone since I completed the fitness assessment.
 - I feel it is in my best interest to complete another physical fitness assessment.
 - I understand if I complete another physical fitness assessment and it is determined I do not meet program fitness requirements, I will be required to meet with the P-PCP Program Coordinator to develop a fitness plan or discuss my eligibility for admission to the program.
 - I understand I am responsible for any costs associated with fitness assessments or fitness improvement plans.

Applicant's Signature _____ Date _____

Submit completed form to:

Admissions Officer,
Paramedicine - Primary Care Paramedic (P-PCP) Program
Red River College - Enrolment Services
Room D105 - 2055 Notre Dame Ave, Winnipeg, R3H 0J9
Fax: 204-697-4738