

# Sexualityandu.ca

## Worksheet #2

**Part 1: Picture it. You wake up. You're naked. You have a pounding headache, aching muscles, and you can't remember anything from last night. One minute you and some friends are getting a ride to a party, the next you're waking up here, on a stranger's bed in a room you've never even seen before.**

On top bar scroll over the Sexual Health link then click on “Sexual Assault” Read this section. If someone tells you that they have been abused or sexually assaulted what are 7 things you should do?

1.

2.

3.

4.

5.

6.

7.

On the bottom of the page there is a Games and Apps area. Click on it and then the ‘Virtual Scenarios’ Play each of the scenarios for your preference (females go to females, males to males, gay males to gay male, etc) and make a mental note of the consequences of your actions.

*(note: there is no ‘written’ part to this section, but I encourage you to participate in these scenarios as they hold very useful information.)*

## Part 2: Condom Use

Condoms are the most common form of sexual transmitted disease protection (they also work about 80% well for birth control – think about that). Watch the video in the middle of the page called **TODAYS LESSON: HOW TO PUT A CONDOM ON**. Write down the NINE steps (yes, nine – you might have to watch it twice). Step 7 has two things to do (involves pinching) so make sure you separate part 7 into step 7a and 7b

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7a.
- 7b.
- 8.
- 9.

## Part 3: Interesting stuff

Navigate around the site and find 9 things/facts that you found interesting. Write them in the space below. Keep the facts different from each other. Look at things such as pregnancy, body changes, what is sex, contraception, etc. There is some really useful information around here – if you have a particular question, I am sure you can find the answer!

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.

#### Part 4: SEX-FU

Play the game SEX-FU challenge (under the games and apps tab at the bottom of the page). Keep track of your score (be honest) and write down how many you got right for each section below. You'll have to manually, on this page, keep track of your score for each section (the game will tell you if you were right or wrong – keep track of the 'rights' for each) You will not be graded on how well you did...don't worry.

Section 1: /10

Section 2: /10

Section 3: /10

Section 4: /10

Section 5: /10

Total /50

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When you are done, navigate around the website. Feel free to play the games in the FUN STUFF section (choosing wisely, or try the sex U exam section, ect). If you have headphones, you may listen to the stories of the two teenagers from the same section.