Core Competencies Self-Assessment

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C

How does the artifact you selected demonstrate strengths & growth in the communication competency?

In what ways might you further develop your communication competency?

T

How does the artifact you selected demonstrate strengths & growth in the thinking competencies?

In what ways might you further develop your thinking competencies?

PS

How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?

In what ways might you further develop your personal & social competencies?

Self-Reflection

Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.

Think of a time you presented to others. What worked well? What was important to do?
I have presented many times in my Conversation 10 class, but one of the times I had to present my ideas was for our rants. I had to present my rant that I had wrote myself in front of the class. hat worked well was that I had practiced a lot, so even though we were given a limited time to practice, I used my time wisely and so I was able to memorize it. What was really important for me to do was using class time. I had to stay focused so that I would have enough time to practice.
Think of a time you used feedback in a positive manner. Explain how you used it.
Before I presented my rant, I had my family and my friends listen to it. I wanted to make sure that I had it memorized and that I was not afraid to present it. Also, when others listened to it, they also gave me their feedback. The feedback was helpful because I was seeing a side of my rant that perhaps I wasn't seeing bt other people were. I also got some feedback from the teacher, and I was able to use that feedback to correct my rant and make it my best efforts.
How do you share information with others?
I researched what I needed first to have information for my rant, and then I had to change all of my research into my thoughts, my opinions and my words. I tried to keep it simple, just like I had researched, but I also wanted to make sure that it was more interesting and had more of me reflecting in it.

Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. **Categories - Self-Assessment**
2. **Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.**
   - **#creativethinkingcc**
   - **#communicationcc**
   - **#criticalthinkingcc**
   - **#socialresponsibilitycc**
   - **#personalidentitycc**
   - **#personalawarenesscc**
3. **Use the <u>Add Document</u> button located at the top of your post page and embed your self-assessment at the bottom of your blog post.**
4. **Publish**