

Spoken Word

Jot down all of your ideas that bother you? (Rant)

1.

2.

3.

4.

5.

6.

7.

8.

Or jot down all of the ideas that inspire you (This I believe)

1.

2.

3.

4.

5.

6.

7.

8.

Pick the one thing that bothers you the most?

1.

Or pick the one thing that inspires you the most?

1.

Now that you have picked your idea, list all of the reasons why that thing bothers you or inspires you.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

