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<p>How does the artifact you selected demonstrate strengths & growth in the communication competency?</p> <p>In what ways might you further develop your communication competency?</p>	<p>Self-Reflection Describe how the artifact you selected shows your strengths & growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.</p> <p>Personal Identity: Do you think this is an effective way to express who you are as a person? Why?</p>
<p>How does the artifact you selected demonstrate strengths & growth in the thinking competencies?</p> <p>In what ways might you further develop your thinking competencies?</p>	<p><i>This spoken word definitely reflects on who I am, I haven't always been the type to find the good everything or everyone but the past four or five years that's what I have been focusing on. My spoken word is about love and love is definitely something that gets me through rough days. Love between family members, friends or your 'special someone' is something that is very powerful. Since I was young I was taught the act of love, from the day I was born my parents embracing me, deciding they are going to start my life off with a hug of love till now when I get surgery they will take days off to care for me. Love is a big part of my life so I decided to express it with a spoken word.</i></p>
<p>How does the artifact you selected demonstrate strengths & growth in the personal & social competencies?</p> <p>In what ways might you further develop your personal & social competencies?</p>	<p>Personal Responsibility: When I get upset/nervous/freaked out to present, I...</p> <p><i>I have never been one to show I'm overly nervous or freaked out, unless it comes to horror movies, but I do feel those emotions. I felt them last week when presenting my spoken word to the class and although I did look at my Q-Cards when I had it memorized that was exact of fear, however before I went up I told myself that I was confident and pleased with the amount of effort I put in and I thought it's just time to show everyone else. I get through fear or nerves with being confident in what I have done or what I know.</i></p>

Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
 - #creativethinkingcc
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3. Use the [Add Document](#) button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
4. Publish