

Name: Liam

Date: May 23, 2018

<p>How does the artifact you selected demonstrate strengths &amp; growth in the communication competency?</p> <p>In what ways might you further develop your communication competency?</p>	<p><b>Self-Reflection</b> Describe how the artifact you selected shows your strengths &amp; growth in specific core competencies. The prompt questions on the left - or other self-assessment activities you may have done - may guide your reflection process.</p> <p>The artifact I chose was my family tree project. This artifact demonstrated my growth in Positive and Personal Cultural Identity because I have learned a lot about about my ancestors and what they went through.</p> <p>Some aspects that I value about my culture are that I am from England and Ireland and Irish people are very musical and English people like tea and those are 2 things that have been passed down to me and so value that.</p>
<p>How does the artifact you selected demonstrate strengths &amp; growth in the thinking competencies?</p> <p>In what ways might you further develop your thinking competencies?</p>	<p>A thing about my culture I would like other people to know is that I love potatoes and that might be because I am from Ireland. My favourite way to eat potatoes is baked with bacon, cheese, sour cream and green onions.</p>
<p>How does the artifact you selected demonstrate strengths &amp; growth in the personal &amp; social competencies?</p> <p>In what ways might you further develop your personal &amp; social competencies?</p>	

## Publish Your Self Assessment

You will now attach and/or embed your self-assessment to the bottom of the blog post with the artifact you have chosen. You may choose to make this post private or public. After placing your artifact on a blog post, follow the instructions below.

1. Categories - Self-Assessment
2. Tags - Now tag your post using the tag that corresponds to the competency that you have written about. You can choose more than one. Please use lower case letters and be exact.
  - #creativethinkingcc
  - #communicationcc
  - #criticalthinkingcc
  - #socialresponsibilitycc
  - #personalidentitycc

- #personalawarenesscc

3. Use the [Add Document](#) button located at the top of your post page and embed your self-assessment at the bottom of your blog post.
4. Publish